

Asian Women's Cancer Group

Newsletter 2012



Greetings and a warm welcome to the first newsletter from AWCG!

Asian Women's Cancer Group is based within the heart of Asian community and dedicated to providing support to women who have experienced cancer. We meet once a month.

Asian Women's Cancer Group aims to:

- ✚ Raise awareness in the Asian community about cancer
- ✚ Provide support for Asian women affected by cancer
- ✚ Share experiences and concerns in a safe environment
- ✚ Arrange outings, social gatherings and events
- ✚ Arrange guest speakers to attend our meetings and talk about various cancer related topics
- ✚ Work with cancer charities and other health professionals

If you or someone you know has been affected by cancer please come and join us!

A message from Bharti Patel, AWCG Chairperson



'I am delighted to launch our first newsletter! My association with the group began as a member in 2006, later moving on to the position of committee secretary and now as a Chairperson! I would personally like to thank three wonderful ladies who started Asian Women's (Breast) Cancer support group in October 2005 – late Pushpa Martin, Bharti Patel and Amarjit Panesar. It is through their hard work and determination the group built a strong foundation. I would also like to thank Macmillan Cancer Support co-ordinator Damyanti Patel for her help in developing the group. From our humble beginning seven years ago, the group has grown from strength to strength and now boasts a membership of over 50 and growing! The group started out as a Breast cancer support group but we have now moved on to become a support group for all types of cancer. We welcome ladies from the Asian community who have been affected by cancer to our monthly evening meetings. I am delighted to announce that a grant from Macmillan Cancer Support has made it possible for us to run a monthly daytime activity group as well. So come along to one of our meetings and immerse yourself into a group of ladies who offer unconditional love, support and laughter!'



Events 2011

Over the past year the group has been involved in many fundraising events. This has helped in gaining recognition but most importantly welcoming new members into our warm, lively, colourful and supportive group...

Bhajans, Bhojan & Garba – March 2011

As an Asian support group we use our common factor, culture, as a way of bonding and making each other happy. Last year we teamed up with the Lions Club of Sudbury and presented an evening of laughs, colour and of course great conversation...



Laughter Therapy Session – May 2011

“United we stand, divided we fall” – AWCG lives by this motto and in our monthly meetings we make sure we remind each other we are there to share strength and support...and of course lots of giggles too!



Cancer Research UK Relay For Life Event Harrow – July 2011

This was the first year the group entered the event as a team to support our amazing Survivors and Cancer Research UK. Twenty - four hours of fun, laughter and sunshine! It couldn't get any better...





2012 Events & Important Dates

AWCG holds monthly meetings in the Nilkanth Hall, Swaminarayan Temple, Westfield Lane, Kenton, HA3 9EA from 7 p.m. to 9 p.m.

Below are the dates of these meetings – we welcome you to come and enjoy an evening with us...

January 27th

February 24th

March 30th

April 27th

May 25th



June 29th

July 27th

September 28th

October 26th

November 30th

We also have daytime activity meetings on the second Tuesday of every month at Victoria Hall, Sheepcote Road, Harrow, Middlesex, HA1 2JE from 1.30pm – 3.30pm. Please see details below –

January 10th - Hall 2

February 14th - Hall 3

March 13th - Hall 2

April 10th - Hall 3

May 8th - Hall 3

June 12th - Hall 3

July 19th - Hall 3

August 14th - Hall 3

September 4th - Hall 2

October 9th - Hall 2

November 13th - Hall 3

December 11th - Hall 2

Upcoming Events 2012

Mother's Day Dinner – Saturday 14th April – Sakonis Harrow

Summer Picnic – Saturday 7th July – Ruislip Lido

AWCG Annual Event (Fashion Show) – Friday 24th August

Please contact us for more details.





Group Members & Testimonials

We asked a few of our members to share with you how the group has helped them and why they enjoy being a part of the group...



'Belonging to this support group has really helped me to cope with life after very harsh cancer treatment. It is the only place where everyone has been through what I have been through and there is an understanding...sometimes without words...' – Ranju Morjaria

'I am so happy I have found this group! The ladies are so helpful in so many ways. We talk, we laugh and our get togethers are delightful. Sometimes...I feel I can talk to the ladies easier than my own family! We have found strong, life-long friendships through our battle with cancer' – Deviben Patel



'At the diagnoses of Breast cancer I was completely devastated. I felt my world collapsed around me. But since I joined Asian Women's Cancer Group I have felt more alive! I can share my emotional, psychological and physical impact of cancer from the diagnosis to treatment with ladies who share similar experiences to me. It gives me great comfort and strength knowing someone else understands me...it lightens the burden of uncertainty and gives me the hope and support to carry on...I would now be lost without Asian Women's Cancer Group...this group is made up of truly magnificent ladies!' – Shaila Rasanía



Contact Details

If you would like any more information on the group, or if you would like to have a chat with one of our support group members, please visit our website or alternatively call:



Bharti Patel (Chairperson): 07790538499

Kunji Patel (Vice Chairperson)

Bharti Vakil (Secretary): 07968386798

Shaila Rasanía (Treasurer)



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